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One Foot

Choreographed by Addison Albro & Dan Albro (02/05/2018)

Description: 32 Count, 4 Wall, Intermediate Line Dance

Music: "ONE FOOT" by: Walk The Moon

Intro: 16 count Intro, * 1 tag/restart

- 1-8 STOMP, STOMP, HOLD(CLAP), SHUFFLE FWD, FWD MAMBO, SHUFFLE ½ TURN
- 1&2 Stomp fwd R, stomp fwd R(weight on R), hold clapping hands
- 3&4 Step fwd L, step R next to L, step fwd L
- 5&6 Step fwd R, step L next to R, step back R
- 7&8 Turn ¼ left stepping side L, step R next to L, turn ¼ left stepping fwd L 6:00
- * *On wall 5 (facing 12:00) replace counts 7&8 of the first eight count with a coaster step
Step back L, step R next to L, step fwd L. Then restart from the beginning.*
- 9-16 SHUFFLE ½ TURN, COASTER STEP, KICK, OUT, OUT, 3 HIP BUMPS
- 1&2 Turn ¼ left stepping side R, step L next to R, turn ¼ left stepping back R 12:00
- 3&4,5&6 Step back L, step R next to L, step fwd L, kick R fwd, step side R, step side L
- 7&8 Bump hips right weight on R, bump hips left weight on L, bump hips right weight on R
- 17-24 WEAVE, ¼ TURN ROCK, REPLACE, ½ TURN STEP, STEP, LOCK, STEP, STEP, LOCK, STEP
- 1&2& Step side L, step R behind L, step side L, cross R over L
- 3&4 Turn ¼ left rocking fwd L, replace weight on R, turn ½ left stepping fwd L 3:00
- 5&6 Step fwd R, lock step L behind R, step fwd R
- 7&8 Step fwd L, lock step R behind L, step fwd L
- 25-32 JAZZ BOX, STEP ½ PIVOT, HEEL & HEEL &
- 1,2,3,4 Cross R over L, small step back on L, step side R, step fwd L
- 5,6 Step fwd R, pivot ½ left weight on L
- 7&8& Touch R heel fwd, step R next to L, touch L heel fwd, step L next to R